

An experience in the mountains



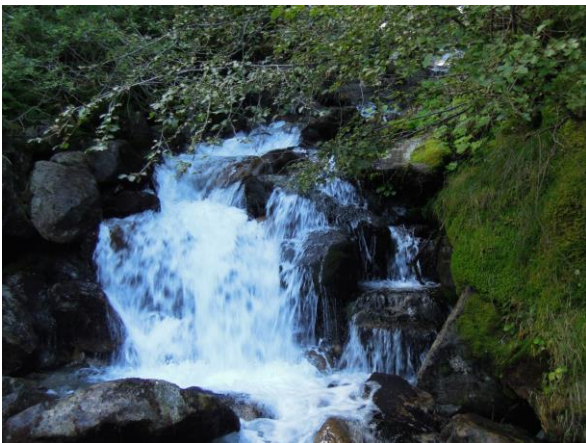
Every September students in our school (a middle school in the north of Italy) start the new school year in a different way. Students and teachers go on a school trip in the mountains for three days. It is a very nice experience but also very tiring. The experience takes place in the middle of the Alps in a fantastic place, students and teachers live away from the “world” without internet connection and mobile phones living in small wooden houses. Here in this wonderful scenery two group leaders help the teachers to organise various interesting activities.

The school trip starts with a long walk in the mountains to reach the destination of the three-day stay, then there are orienteering activities and games. The aim of the school trip is to know each other, try to become friends and make a book with photos and words of the experience.

It is really great to discover the real character of schoolmates and teachers, at school they are boring and it is difficult to imagine them as normal people living a normal life; it seems they are nice and understanding!

Breakfast, lunch and dinner are in the canteen, teachers and students share everything: it sounds strange but it is great!

Every morning after breakfast all the participants meet at the meeting point in the middle of the camp and the two leaders explain what they are going to do during the day. Several activities are planned: long walks in the mountains, walking barefoot in the cold water of a stream, looking at a waterfall, listening to the eagle in the sky and writing about feelings and emotions.



The end of the day is exciting too. In small houses, in the middle of the wood and in the middle of nowhere groups of students with a teacher go to sleep. It is an important moment because they can share the experience of the day, talk about different topics, laugh and play together.

After three wonderful days you forget mobile phones and technology . You realize all these items are not so important in everyday life because you can talk with your friends and you can touch and feel their support, you are nearer and closer to people, and this is fantastic.

On the last night at the camp all the students, teachers and leaders meet around a great fire, the last experience is to share what was learnt during the trip, it is a moment full of emotions .



This is a great way to start a new school year, school is not so boring, it may be also wonderful!

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